Research on the Entry Point of Life Outlook Education in Ideological and Moral Cultivation Course under the Network Background

Tong SHEN

School of Communication, Inner Mongolia University, Hohhot 010070, China

ABSTRACT. As an ideological and moral training course to cultivate college students' outlook on life, values and morality, it plays an important role in the growth of college students. College is the key period for college students to form a systematic outlook on life and values. Therefore, the education of outlook on life is an important part of the teaching content of ideological and moral cultivation course. In the actual teaching process, we should correctly grasp the relationship between theoretical system and textbook system and the basic theory of outlook on life, and guide college students to treat life problems correctly with the basic stand and viewpoint of Marxism on outlook on life. This paper starts with the analysis of the existing problems in the course of ideological and moral cultivation, points out the necessity of expanding the online teaching of this course with the help of the network platform, and puts forward effective methods to enhance the education level of outlook on life in the course of ideological and moral cultivation.

KEYWORDS: Outlook on life, Ideological and moral cultivation class, Network

1. Introduction

In the contemporary era, the Internet is booming. As a national strategy, "Internet+" has been fully integrated with all areas of social life. Its characteristics of cross-border integration and innovation drive have brought new opportunities and challenges to ideological and political teaching in colleges and universities [1] . The ideological and moral training course is the first course in the new curriculum plan for college students' ideological and political education [2]. The ideological and moral training course "takes correct world outlook, outlook on life, values and moral outlook, and legal education as the main content." The ideological and moral training course is an important part of the ideological and political theory curriculum system in colleges and universities, and is an important course to help college students establish a correct outlook on life, values, morality and legal system, and improve the comprehensive quality of college students [3]. "Ideological and moral cultivation and legal basis" is the main channel for colleges and universities to carry out ideological and political education, and plays an extremely important role in improving the ideological and moral quality and legal awareness of college students [4]. In the era of mobile internet, how to effectively promote the deep integration of "ideological and political courses in colleges and universities in internet plus" and promote the innovation and development of courses requires teachers to make in-depth thinking and exploration. In particular, the ideological and moral cultivation course is closely related to students' study and life, so it should closely follow the pulse of the times and keep pace with the times to innovate the teaching methods and management modes of the course [5].

In the teaching process, taking Marx's scientific definition of human nature as the starting point, it is of great theoretical significance to tell the outlook on life and values, and it is also convenient for students to systematically grasp the contents of teaching materials [6]. There are some problems in this course due to the integration of content, students' attention to massive information on the Internet and passive education methods. It is urgent for relevant teachers to optimize the teaching methods of the course with the help of the network platform, so as to attract students' initiative, arouse students' enthusiasm for learning and strengthen the education of students' outlook on life, morality and legal system [7]. Traditional ideological and moral cultivation teaching faces many challenges, and promoting its high integration with information technology is a new task for ideological and political theory teaching in the information age [8]. Establishing advanced ideas, cultivating internet thinking, innovating curriculum management mode and assessment methods are important means to realize the integration of ideological and political theory courses and internet technology [9]. This paper analyzes the existing problems of this course, points out the necessity of expanding the online teaching of this course with the help of the network platform, and puts forward effective methods to enhance the effectiveness of "ideological and moral cultivation and legal basis".

2. Challenges Faced by Traditional Ideological and Political Teaching

The authority of ideological and political education is challenged. The openness and connectivity of the Internet, especially the mobile internet, is promoting the formation of a global knowledge base. People can get the resources they want to know anytime and anywhere through the Internet, breaking the monopoly of educators on knowledge. As far as the actual teaching process is concerned, the teaching purpose of this part of ideological and moral cultivation course is to help college students systematically understand and learn the theory of outlook on life and values based on the theoretical and practical problems encountered by college students in outlook on life, values, morality and legal system. Nowadays, the Internet has become one of the important platforms for students to learn and communicate. Smartphones can get information anytime and anywhere, and students' demands for online communication are stronger. They like to communicate and discuss with teachers and classmates on the Internet, and be active explorers of knowledge. Outlook on life is an important part of world outlook, because a specific individual is a part of the world, and outlook on life also comes from people's production and life practice, which is an overall grasp of the purpose, significance and value of life formed on the basis of practice. In order to realize its function of educating people, the ideological and political course in colleges and universities should not only spread knowledge and guide behavior in class, but also pay special attention to whether students can internalize what they have learned from the heart and turn it into practice, so that the ideological and political course can benefit students for life.

"Ideological and Moral Cultivation and Legal Basis" is a basic public course, which aims to cultivate students' ideological and moral cultivation and legal basis literacy besides professional course knowledge, and promote the all-round and comprehensive development of university students. At present, China is in a period of social change, and the collision of various values makes the field of outlook on life present a complex and pluralistic state. However, only the outlook on life that serves the people is the correct outlook on life and the scientific and noble outlook on life. The theoretical system of outlook on life presented in the textbook is not equal to the philosophy of life in the general sense, and it does not deliberately pursue the systematicness and speculative nature of the general philosophy of life [10]. In the traditional theoretical teaching mode, teachers are the leading factor in the whole course teaching, and students are generally passive, which makes it difficult to stimulate their autonomy and enthusiasm. Under the new period, the curriculum standard clearly points out that students should be clear about their dominant position in teaching and try to avoid the situation of "teachers leading and students obeying". People's concrete practice is closely related to value judgment. Values are people's understanding and views on a series of issues such as what is valuable, what is the specific standard of value evaluation and how to create value. Values reflect people's overall understanding and ideal pursuit of real life.

3. How to Grasp "Education of Outlook on Life" in the Process of Teaching

The ideological and moral training course textbooks use Marxist philosophy of the world view theory and methods to analyze and answer life problems on the perspective of life, emphasizing in-depth thinking and analysis of problems in life practice in a theoretical way, and helping students master the correct views and methods. Improve the ability to analyze and solve problems. Human activities are purposeful and conscious, which is an important difference between humans and other animals. The purpose of life is the directional judgment and ideal pursuit of one's own behavior in specific practice. The purpose of life has a positioning effect on specific practical activities, which means that the purpose of life helps everyone to clarify the general direction of the specific activities they are engaged in. . The Internet has created new teaching time and space for the teaching classroom of ideological and moral cultivation courses, added new educational information channels, and promoted the personalized development of students, but these have not changed the fact that the teaching quality of the course is not high. Only by setting up a noble outlook on life and looking far ahead can individuals gain a deeper understanding of the purpose of life, and be able to think about the people from time to time, help others, and benefit the people in the specific process of practice.

People are social people, and society is the basis for individual survival and development. Every specific individual lives in a variety of social networks. Individuals are always restricted by certain social relationships. Individual material and spiritual needs must be Only in society can we be satisfied, and no one can get rid of the constraints and restraints of individuals on the social network. Modern society has entered the information age in an all-round way, and Internet technology has been highly integrated with people's daily lives in many fields. If teachers in the Ideological and Political Courses do not pay enough attention to this problem, they will undoubtedly make the Ideological and Political Classes unable to keep up with the development of the times. Rhythm [11]. In actual life, everyone will choose specific practice methods to realize his own life value according to his social background, but the individual's social value can only be established on the basis of certain social relations and social conditions, and only in the society. Can be achieved. In order for individuals to realize their own value and create higher social value, they must deal with all kinds of relationships with others, especially interest relationships [12]. In the actual teaching, it is necessary for us to give some specific and in-depth explanations on the contents of the textbook that have not been published or even involved, according to the actual needs of the teaching. The technologies, platforms and concepts involved in "Internet+" are also

new to the majority of ideological and political teachers. Only through relevant learning, training and communication can this platform be better applied to help ideological and political teaching. At the same time, teachers in ideological and political education should actively study independently. To achieve an organic combination of traditional teaching methods and modern teaching methods, if you simply rely on traditional teaching methods, it will make college students feel boring and affect the enthusiasm of college students to learn.

The lofty aim of life can stimulate the tenacious and enterprising attitude towards life, while the vulgar aim of life can make people treat life with a dispirited and depressed attitude. A person has different abilities and different occupations. However, as long as he scientifically understands the purpose of life, puts his own purpose in the perspective of social development, puts the people's interests first, and insists on closely linking the realization of personal pursuit with the realization of the party's and the country's struggle goals and people's interests, and is not disturbed by narrow selfishness and tired of flashy fame and fortune, he can continuously realize his noble purpose of life. The practical activities to realize the value of life are always carried out in a certain environment. It is of great significance to correctly handle the relationship with the surrounding environment for the realization of the value of life and the degree of realization.

4. Conclusion

The sociality of human nature shows that society is the foundation of individual survival and development, which determines that complex and diverse social relations and social activities constitute the main content of human life. From the viewpoint of system theory, people who realize the value of life, nature and society constitute a big system, and people's life is essentially social practice of people, and the content of life practice is to deal with the relationship among the components in this big system in one way or another. Man himself is a small system. Compared with the large system composed of man, nature and society, nature and society are the environment in which man's own small system exists and operates. At present, the rapid development of network and its openness, richness and convenience not only affect the life and study of college students, but also affect the teaching effect of this course. The sociality of human nature means that human growth is a process of socialization. With the increasing age, the process of socialization will continue to advance. To realize the value of life, we should clarify the dialectical relationship between individual and society, handle the relationship between individual and society, and grasp the position of individual in society to promote the harmony between individual and society.

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